

Igni Longevity



Igni Longevity – Test Report April 2024

	Before	After 2 Months	p value*
All tested markers showed positive differences			(*Statistically significant difference at p<0.05)
Interleukin-6 (pg/ml) increases with age	2.06 ± 1.99	1.01 ± 0.69	0.006
ГГТ (pituitary- hypothalamus stressor) insulin tlr.	37.2 ± 44.3	26.8 ± 21.7	0.03
Malonic dialdehyde (nmol/ml.) oxidative damage	1.13 ± 0.29	0.90 ± 0.32	0.19
Pulse rate (per minute)	71.7 ± 12.8	63.4 ± 9.0	0.004
Systolic blood pressure (mm Hg)	134.8 ± 24.8	117.5 ± 14.5	0.01
Exhale volume (liters)	2.6 ± 0.8	3.0 ± 0.8	0.07
Dynamometry right hand (lbs)	62.9 ± 22.2	67.9 ± 25.7	0.01
Dynamometry left hand (lbs)	64.4 ± 26.1	67.3 ± 26.8	0.02
HRV RR (ms)	1015 ± 342	1057 ± 174	0.04
HRV Tension index	566 ± 1292	234 ± 160	<0.001
Stress index (Bio-Well)	3.29 ± 0.42	2.89 ± 0.11	<0.001